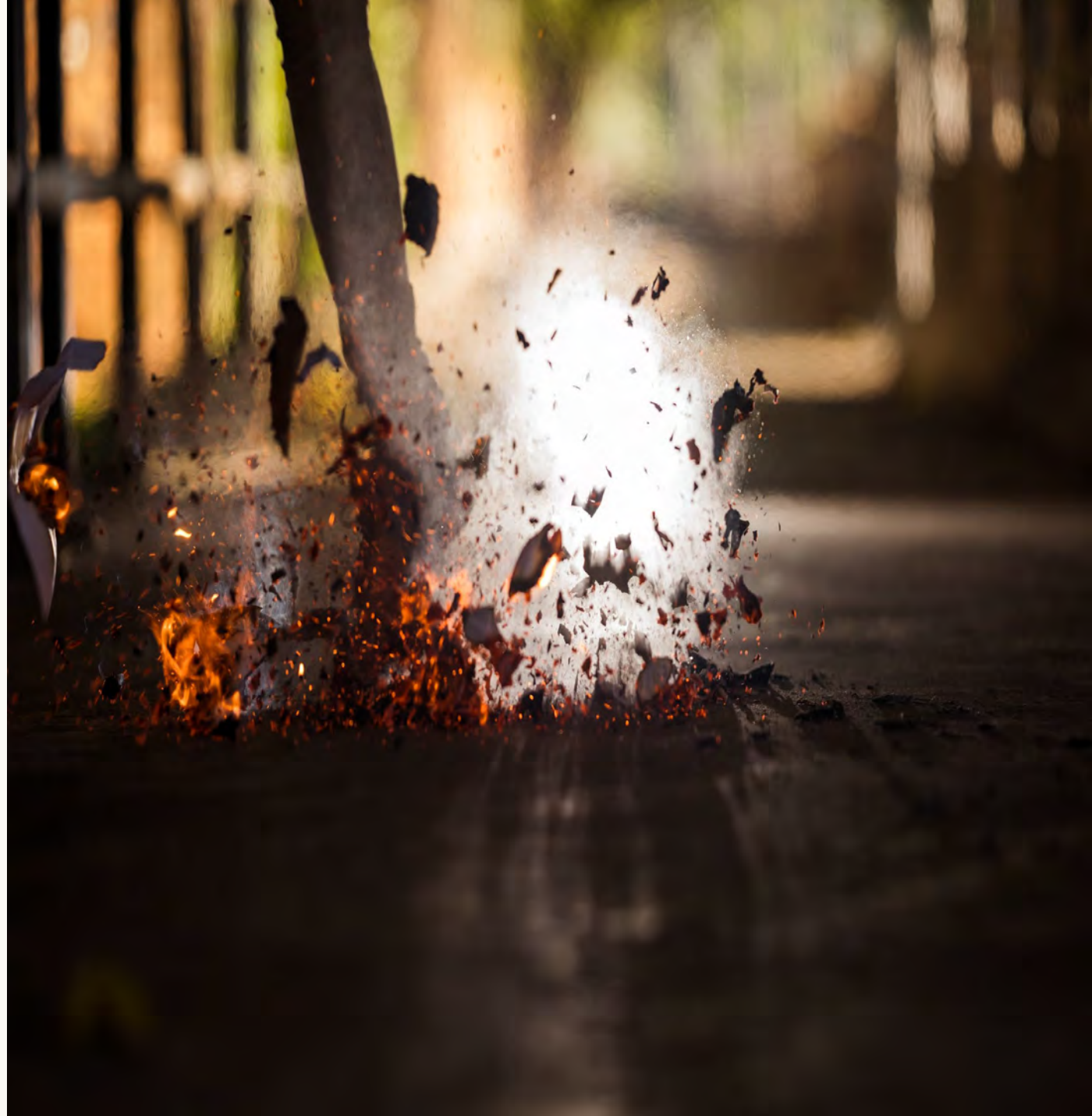




The Sisterhood of Firewalkers

Allison Miller

Chief Information Security Officer and SVP, Optum







Who...me?
Walk in fire??!!
How?





Invest in Yourself



Be Confident in Yourself



Invest in your education



Take uncomfortable chances



Be open to opportunities



Build your Network



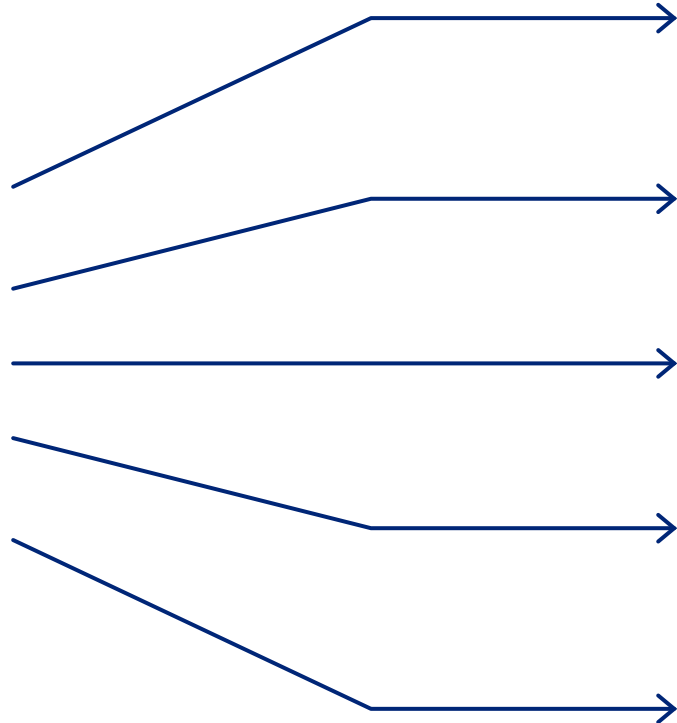
The Value of Mentorship

At every phase in your career, seek mentors and opportunities to mentor others. This is key to both career success and your personal fulfillment and growth.





Traits for Success



- Great listening skills
- Connect and build relationships
- Bring the confidence (even if you feel like an imposture)
- A sense of humor
- Be curious
- Be a continuous learner
- Stay relevant
- Embrace differences
- Authenticity
- Transparency
- Vulnerability
- Avoid pitfalls



**Trust and
advocate for
yourself.**



Fire Walk: Your Career Journey

The career path you start on differs from the one you'll end up on. Explore, Develop, and Make it Happen.

Make it Happen
Build your success



Explore
Understand Yourself

Develop
Focus and go deeper

“I always did something I was a little not ready to do. I think that’s how you grow. When there’s that moment of ‘Wow, I’m not really sure I can do this,’ and you push through those moments, that’s when you have a breakthrough.”

— Marissa Mayer



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